



# SECOND CHANCES

## ADDICTION RECOVERY CENTER

### Items to Bring

- Medications client is now taking
- Casual Clothing, Gym Clothes, Workout Shoes, Comfortable Shoes
- Undergarments are required
- Twin Size Bedding
- Blanket
- Pillow
- Towels and Washcloths
- Laundry Detergent
- Soap
- Shampoo and Conditioner
- Razor (Electrical or Disposable)
- Shaving Cream
- Toothbrush and Toothpaste
- Cigarettes (If Smoking)
- Raingear or Umbrella
- Paper and Pens
- Church Clothes (Optional)
- Clothes Hangers

### Items NOT to Bring

- No Products containing Alcohol (Mouthwash, etc.)
- No Tank or Halter Tops
- No Swimsuits
- No Short Shorts (must be no shorter than 2" above the knees)
- No Tight or Revealing Clothing
- No Clothing that promotes alcohol or drug use or displays undesirable messages
- No Boats, Trailers, or ATVs
- No Candles or Incense
- No Pornography
- No Electronic Devices (CD Players, Kindles, Apple devices or smart watches, etc.)
- No Perfume or Colognes